

UWTA

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Strong Bodies
& Clear Minds

Grand Master Jin Young Kim

"DRAGON KIM"

9th Degree Black Belt

Kukkiwon

UWTA Advisory Board



United World Taekwondo Association

Message From Our CEO

Team,

I would like to commend all of the UWTA instructors who participated in the Kukkiwon Master Instructor Licensing Course held at UC Berkeley this past month. Normally, this course is only open to Kukkiwon certified black belts fourth dan and above aged 18 years and up. UWTA received special permission for 2nd Dan and above 15-17 to also attend and audit the course.

Our instructors were allowed to experience training that is provided to Taekwondo Instructors throughout the World. Your participation reflects your commitment to continuing education and will greatly enhance their overall knowledge, skill and ability to deliver quality instruction to our UWTA students.

UWTA began processing new black belts for Kukkiwon rank 3-4 years ago. As a result, many of our 3rd to 7th Dan's do not possess Kukkiwon rank. Those not holding Kukkiwon rank can only obtain their current rank through a special rank assimilation or alignment event. A rank assimilation event has only been offered three times in the United States.

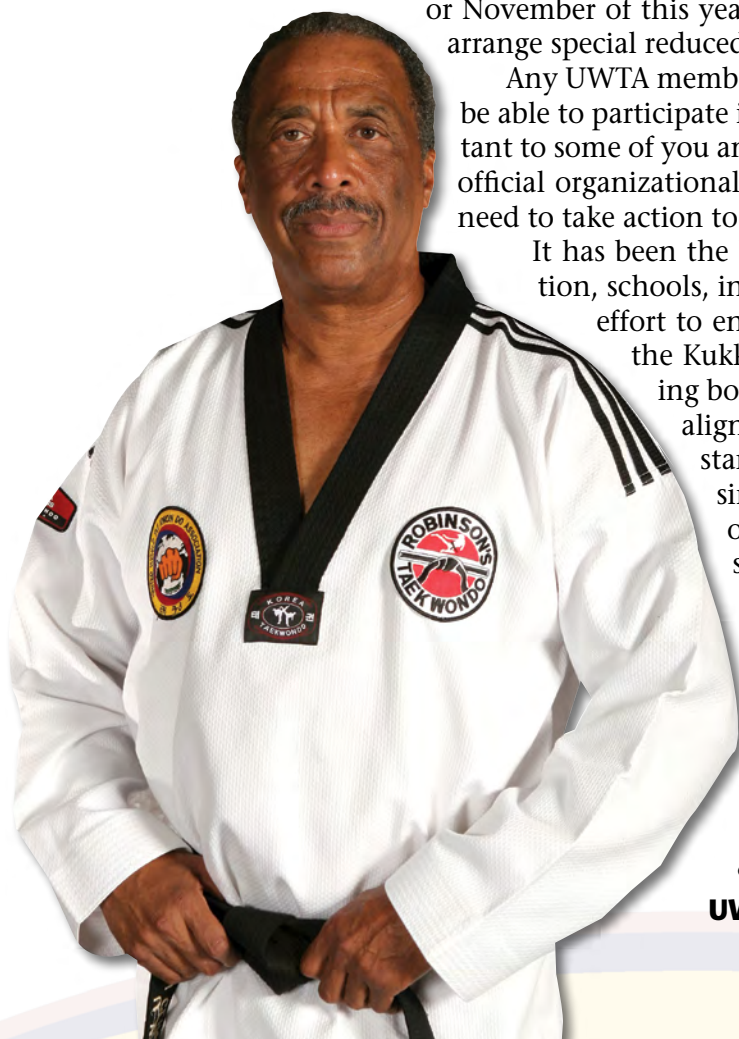
The UWTA has been working tirelessly to get our 3rd to 7th Dan's an opportunity to align UWTA and Kukkiwon rank. Today, after 10 years of effort, we have finally received special permission to conduct a rank alignment event. The event is tentatively scheduled to be conducted sometime in October or November of this year. As this is a "rank alignment" event, we were able to arrange special reduced pricing for our UWTA members.

Any UWTA member who's UWTA and Kukkiwon rank are not aligned will be able to participate in this event. We recognize that this may not be important to some of you and if that's the case, your UWTA rank is considered your official organizational rank. In the event you deem this important, you will need to take action to register for the event when we get it scheduled.

It has been the UWTA goal to align ourselves and move our organization, schools, instructors and students into the Kukkiwon format in an effort to ensure long term preservation of the organization. With the Kukkiwon being globally recognized as the official governing body over Taekwondo the UWTA deems it critical that we align ourselves with their policies, curriculum, promotional standards and seek to ensure all of our members who desire Kukkiwon rank and instructor certifications have this opportunity. The Kukkiwon Black Belt Certificate and instructor licensing is considered the "highest" standard in the industry.

In closing, I'm proud of our Instructors who seized this opportunity to improve their personal knowledge, skill level and instructor licensing. Continuing education is a promotional requirement for all UWTA Instructors and Seniors.

Grand Master Robinson
9th Degree Black Belt
UWTA-CEO



Grand Master Clinton Robinson

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Taegeuk Poomse

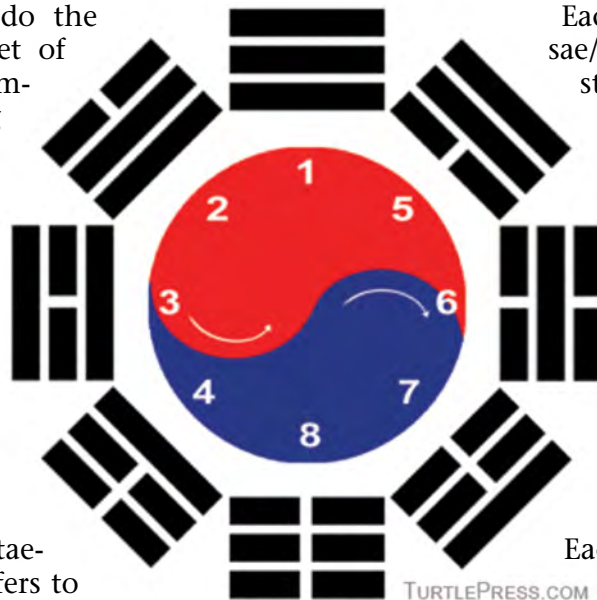
History & Symbolism

In the context of taekwondo the term taegeuk refers to a set of Pumsae (also known as Poomsae) or forms used in teaching taekwondo. A form or Pumsae is a defined pattern of defense-and-attack motions woven together for the purpose of training of the technique and combinations sets for the purpose of self-defense. A poomsae is to be performed with power and grace with technique delivered as if an imaginary opponent exists.

Outside of the context of taekwondo, the word taegeuk refers to the Taoist principle of the “unity of opposites” (yin and yang). Taegeuk is also the name of the red and blue circular symbol used in the flag of South Korea. It is the philosophical interpretation and meaning that is to form the basis of the students internalization of the meaning and external delivery of the technique. A meditative state is required to perform poomsae with the integration of body, mind and spirit.

Between 1967 and 1971 Kukkiwon style taekwondo made use of an older set of forms called the palgwae forms developed by the Korea Taekwondo Association(KTA) with input from some of the original nine kwans of taekwondo. By 1970 additional kwan had joined the KTA so the newer set of Kukkiwon taegeuk forms was developed to better represent inputs from all the participating kwans. By 1971 the palgwae forms were considered to be deprecated in favor of the newer taegeuk forms. All World Taekwondo Federation (WTF) Poomsae competitions use the Kukkiwon taegeuk poomsae, along with 9 of the black belt Poomsae.

Today, the Kukkiwon Taegeuk poomsae represent the global standard for poomsae and is supposed to only be taught at a “Kukkiwon approved Dojang” by “Kukkiwon Licensed” Master Instructors. The UWTa is a Kukkiwon approved and trusted organization dedicated to the delivery of Kukkiwon Taekwondo. Thus, all UWTa dojangs are Kukkiwon dojangs and approved to teach their system.



Each Kukkiwon Taegeuk poomsae/form symbolizes a specific state thought to be indicative of the belt the student currently holds, and is represented in Kukkiwon Taekwondo by trigrams (originally derived from the I-Ching) similar to those found in the four corners of the South Korean flag.

There are eight Color Belt (Yu-GupJae) Taegeuk and nine Black Belt (Yu-Dan-Jae) poomsae in the martial art of Kukkiwon Taekwondo. Each Poomsae is built upon the previous one, adding more complicated movements,

yet every form has unique characteristics and principles. Thus, the poomsae are to be taught in their proper sequence as the student builds their foundation and then adds upon it making it stronger:

- **Keecho Il Jang:**
Represents the beginning of Taekwondo training
- **Taegeuk Il Jang:**
Keun meaning heaven: the spirit of solid foundation
- **Taegeuk Ee Jang:**
Tae meaning river: inner strength and external gentleness
- **Taegeuk Sam Jang:**
Ri meaning fire: the spirit of enthusiasm
- **Taegeuk Sah Jang:**
Jin meaning thunder: the spirit of undeniable power and dignity
- **Taegeuk Oh Jang:**
Sohn meaning wind: the spirit of gentle power
- **Taegeuk Yuk Jang:**
Gam meaning water: the spirit of flow and ultimate flexibility
- **Taegeuk Chil Jang:**
Gahn meaning mountain: the spirit of firmness and strength
- **Taegeuk Pal Jang:**
Gon meaning earth: the spirit of humbleness



The Korean taegeuk symbol, equivalent to the Chinese symbol Taijitu, representing the unity of opposites (the yin and yang).

Taegeuk Color Belt & UWTa Keecho Poomsae:

KEECHO IL JANG

This poomsae is performed by UWTa members in remembrance of our Moo Duk Kwan Taekwondo heritage. It is for the 9th gup White Belt/Yellow stripe belt.

TAEGEUK IL JANG

This is the most basic form of Taekwondo training. The movements are walking stance, front stance, low block, high block, inside block, middle punch, front kick. It is for the 8th Gup Yellow belt.

TAEGEUK EE JANG

After diligent practice of Taegeuk Il jang, now you have a stronger base to develop yourself further. There are more front kicks and block-kick-punch combinations in Taegeuk Ee jang. Techniques must be performed gently but with dynamic inner power. It is for the 7th Gup Yellow Belt/Green stripe belt.

TAEGEUK SAM JANG

Through Taekwondo training, you have developed physical strength, and inner power. Now is the stage where the more effort you put out, the more your enthusiasm and skills grow. New movements in Taegeuk Sahm jang are back stance, knife hand strike, knife hand block. The combinations of block-punch and block-kick require quick speed and the ability to coordinate your body to create integral forces. Put speed in defense and power in attacks. It is for the 6th Gup Green belt.

TAEGEUK SAH JANG

There are more advanced movements in this Poomsae such as double knife hand blocks, finger tip thrust, swallow stance knife hand strike, consecutive sidekicks, and cross stance back fist. To prepare for Kyuroogi practice, there are more transitional movements to help you to improve correct body shifting and coordination. It is for the 5th Gup Green/Yellow stripe Belt.

TAEGEUK OH JANG

Taegeuk Oh jang is designed to develop the inner energy and kinetic force of the body with

the application of the two opposite phenomena of nature. New movements are hammerfist, elbow strike, side kick with side punch, and jumping cross stance. Special attention is required in striking a specific target area with the elbow. It is for the 4th Gup Blue belt.

TAEGEUK YUK JANG

Water symbolizes a constant flow and the ultimate flexibility. Not only must the techniques flow like water but the mind must be flexible as well. New techniques are single knifehand high section block, roundhouse kick, palm press block and pyunhee suhgi in the middle of the poomse. Special attention must be paid to the foot position right after executing the two roundhouse kicks. It is for the 3rd Gup Blue/Red stripe belt.

TAEGEUK CHIL JANG

A mountain is the spirit of firmness and strength. At this level the practitioner's resolution for training Taekwondo starts firmly rooting in the heart. The meaning of self-improvement through Taekwondo becomes deeper daily. Therefore, it is recommended to reexamine all of the previously learned skills so that the base for progress is strongly secured. You may experience some difficulties and obstacles mentally and physically. Effort is required to get through this stage. New techniques are low double knife hand block, palm press block, scissors block, knee strike, middle section opening block, cross hand block, side punch, cat stance and horseriding stance. Focus on powerful and articulate execution in single movements and smooth transitions in combination techniques. It is for the 2nd Gup Red belt.

TAEGEUK PAL JANG

Taegeuk Pahl jang is the last poomse before becoming a recommended black belt/candidate. Perfection of all basic Taekwondo skills and maturity of character is the goal at this stage. New techniques are jump front kick, elbow strike, single mountain block, and uppercut. Accurate footwork is required for combinations. It is for the 1st Gup Red/Black stripe Belt.

Next edition, we will cover the meanings of the Black Belt Poomsae.



Grand Master Jin You

Grand Master Jin Young Kim, known as “Dragon Kim” is a 9th Degree Black Belt, Kukkiwon and member of the United World Taekwondo Association’s Board of Directors. Grand Master Kim also serves as the President of the World Taekwondo Masters Union (WTMU). The WTMU and the UWTA work collaboratively to facilitate the delivery of Kukkiwon services around the globe.

Grand Master Jin Young Kim earned his 9th Degree Black Belt from the Kukkiwon World Taekwondo Headquarters in South Korea. Before immigrating to the United States in 1982, he taught self-defense and hand-to-hand combat to the Korean Police Department and United States Army. He grew up in Korea and trained hard never losing sight of his goal to be a Grand Master Instructor.

He traveled widely in the United States and

abroad, including Mexico, China, and South Korea, as a featured Taekwondo exhibitor. In 1997, Master Kim shared the spotlight with Arnold Schwarzenegger at the Columbus, Ohio Arnold Classic, in an exhibition with over 40,000 spectators.

In 1998, Master Kim was presented with the Oklahoma Human Rights Award by Governor Frank Keating. The Oklahoma Human Rights Commission recognized Master Kim as a mentor, humanitarian leader and father. On November 17, 2012, Grand Master Kim received a special invitation to give a lecture and demonstration at the Seoul Taekwondo Paradigm Seminar in South Korea.

In 2013, he was featured as a headline self-defense demonstrator at the Seoul World Taekwondo Leaders Forum. The event was attended by over 200 top worldwide instructors from 50 countries.



ng Kim "Dragon Kim"



On December 31, 2013, Grand Master Kim received a Citation of Honor in recognition of his dedicated service and outstanding commitment to the development of sport from Jin Ryong Yu, the Minister of Culture, Sports and Tourism in South Korea. This is one of the highest honors that can be given any citizen of South Korea.

Grand Master Kim believes that the perfection we seek can only be found by practicing our art. With each practice you get better over time. Grand Master Kim says, *"Practice is like a tree growing in the forest. As we age, our skills slow down and can weaken. But when we continue to*

train as if we are novices, our skills become like the rings on a tree, ever growing and reinforcing its strength as it grows – older, but stronger. I am a Taekwondo master. I am proud of my achievements. I strive to achieve more every day with every practice. I am my students' best example, and as masters, you must be the best example as well".

Today, Grand Master Kim continues to actively travel the world spreading Taekwondo and being a living example of a Taekwondo Grand Master. The UWTa is proud to have Grand Master Kim as a member of our organization. He exemplifies everything we strive for our organization to represent in the world of Taekwondo.

As a member of the UWTa Board of Directors, Grand Master Kim provides the organization with guidance and advice in ensuring the UWTa Taekwondo program is the finest available in the market. The UWTa's focus on traditional values and character development built on the Kukkiwon's modern curriculum and teaching systems ensures our students get the World's finest program. Grand Master Kim assists the UWTa in its alignment efforts with the Kukkiwon and global Taekwondo politics.

Grand Master Kim has taught Taekwondo for over 45 years, and displays an exceptional talent for developing the mind, body, and spirit of his students.



UWTA Spring Nationals — Folsom Lake College

This years UWTA Spring national Championships was conducted at the Folsom Lake College. The college is known for it's great entertainment facilities with it's "Three Stages" and ongoing plays and musicals. The open and very spacious college gymnasiums were host to our Spring events. On Friday evening, we conducted our Black Belt Testing with 175 black belts examining for higher rank.

All UWTA black belts undergo rigorous training, mid-term examinations and a pre-testing at their dojangs under their instructor prior to being approved to participate in the Regional and National Black Belt Examinations for Kukkiwon and UWTA Rank issuance. All UWTA judges also undergo Examiner Training both with the Kukkiwon and the UWTA to ensure students are judged against both industry standards and the Kukkiwon standard.

Saturday morning, our Spring National tournament was underway with colored belt competition in the morning and black belts later that afternoon. Over 500 competitors reg-



istered for Poomsae, Point Sparring, Olympic Sparring, Traditional & Open Weapons, Board Breaking and Team Poomsae. It was a great event and everyone competed with a strong but controlled spirit. Grand Master Robinson, commented, "the quality of the competitor seems to just keep getting higher and higher with each event".



Our Esteemed Panels of Side Judges.





Lots of young and not so young competitors face the "personal" challenge of competing and find gratification in the fact that they "tried".

And then there were some just enjoying the day.

The 2016 UWTA Black Belt National Champions were crowned and awarded their "Championship" Uniforms at this event (See photo). The 2017 Black Belt "Final four" National Championship divisions are heating up this year with lots of "seasoned" competitors eyeing repeat titles in their divisions and lots of these same competitors climbing up the brackets in the their new age brackets and giving many of

the experienced fighters some real problems. Check out the current brackets and standings in the Final Four article in this magazine.

The day was capped off with the Black Belt Awards Ceremony with all black belts taking their oath, sharing the traditional tea with the Masters and being knighted by Grand Master Jong Hwan Lee into the ranks of the Black Belt.



Grand Master Jong Hwan lee promotes Eric Bogard to 4th Dan.



UWTA 2017 National Ch

The 2017 UWTA "Final Four" brackets are heating up as competitors are traveling heavily between the regions collecting points. The next opportunity will be the Kukkiwon Cup event where Division A competitors will get double points and Division B will get regular regional single points.

Last chance to grap points this year is the Las Vegas Regional tournament, hosted by Master Mark Bird (last chance to travel and sneak into the final four bracket). If you haven't been to our Vegas Tournaments, you've been missing out. Great people, excellent judges, lots of fun and extremely well organized events.

The main difference will be that Division B competitors will be grouped in sets of 4 competitors (everyone earning points) and Division A will be grouped into sets of 8 competitors (we will mix divisions but competitors will take any points earned back to their respective black belt divisions). So, the to Reno and the title of "UWTA National Champion" race is well on it's way for the Black Belt Divisions.

There are a lot of familiar names of previous champs on the list; but, don't let that get ya to worried as last year, we saw a new crop of competitors "Upsetting" the previous years champs. We recommend all Black Belts climb into the competition and take a shot at the title of "National Champion" in either poomsae, point sparring or traditional weapons divisions.



Adam Frega
National Champion

MEN'S POOMSAE

Boys 8 & Under Cand & Up

1st	Brandon Wong	37
2nd	Chase Dayog	20
3rd	Saahil Sabnis	17
4th	Miles Schulze	12

Boys 9-10 Cand & 1st

1st	Charlie Serenbetz	36
2nd	Cole Marmins	35
3rd	Samuel Barker	30
4th	TJ Park	28
5th	Blake Sparks	27
6th	Jayden Sides	13
6th	Jack Nelson	13
6th	Eithan Lim	13
6th	Marc Thomas Valdez	13

Boys 11-12 Cand & 1st

1st	Kai Massaro	35
2nd	James Membrere	20
3rd	Tyler Valencia	18
4th	Cody Suski	16

Boys 11-12 2nd & Up

1st	Ronan Hughes	35
2nd	Vishvas Charan	18
3rd	James Garcia	16
3rd	Jared Elder	16
3rd	Brian Hall	16

Boys 13-14 Cand & 1st

1st	Sean Orricco	24
2nd	Gavin Womack	19
3rd	Justin Mattson	14
4th	Stephen Zavala	11

Boys 13-14 2nd & Up

1st	Ashton Moger	36
2nd	Alexander Tymchysyn	35
3rd	Ethan Johnson	22
4th	Angel Lopez-Flores	14
4th	Jack Adams	14

Boys 15-17 Cand & 1st

1st	Christian David Ygay	38
2nd	Joseph Suski	34
3rd	Hunter Siason	33
4th	Ludwig Schulz	19

Boys 15-17 2nd & Up

1st	Andrew Eugenio	35
2nd	Vinny Perry	22
3rd	Alex Way	19
4th	Derek Wong	15

Men 18-29 Cand - 2nd

1st	Connor Sichler	32
2nd	Isaiah Padua	20
3rd	Chase Custer	15
4th	Ion Malancea	15

Men 18-29 3rd & Up

1st	Enrique Noguez	32
2nd	James Carswell	25
3rd	Robert Maybie	21
4th	Timothy Franklin	17

Men 30-39 Cand - 3rd

1st	Jeremy Sparks	29
2nd	Brian Wade	26
3rd	Anthony Russell	11
4th	Robert Pauline	10

Men 30-39 4th & Up

1st	Nick Beard	36
2nd	Adam Frega	35
3rd	Bobby Salvo	23
4th	Sean Dalton	8

Men 40-49 Cand - 2nd

1st	Tony Park	35
2nd	Craig Swan	32
3rd	Louis Kim	14
4th	Mike Massaro	13

Men 40-49 3rd & Up

1st	Eric Bogard	42
2nd	William Wong	23
3rd	Jason Johnson	12
4th	Nicholas Sadowy	6

Men 50-59 Cand & Up

1st	June Valencia	27
2nd	Rock Cary	22
3rd	Calum Pearson	19
4th	Robert Campbell	19

WOMEN'S POOMSAE

Girls 8 & Under Cand & Up

1st	Charlotte Southworth	36
2nd	Violet McCurdy	34
3rd	Zoey Dong	18
4th	Christianna Turner	7

Girls 9-10 Cand & 1st

1st	Lauren Pace	39
2nd	Chelsea Bennett	34
3rd	Kiana Arendt	26
4th	Darlene Eugenio	22
5th	Ryleigh Schmid	22
6th	Jada Godsey	18
7th	Olivia Cobell	10
7th	Alyssa Valencia	10

Girls 9-10 2nd & Up

1st	Miko Cooper	30
2nd	Sreenila Vedantam	29
3rd	Isabella Burke	24
4th	Emma Jaki	18

Girls 11-12 Cand & 1st

1st	Rachel Nathanson	29
2nd	Kaileah Daniel	28
3rd	Julia Whang	16
4th	Alyssa Liboon	10
5th	Deani Cortes	9
6th	Dalila Saria	6
6th	Trinity Boyd	6
8th	Easha Ali	5
8th	Anabell Ruiz	5

Girls 11-12 2nd & Up

1st	Coral Bishop	32
2nd	Ashley Hufford	21
3rd	Regina De Los Santos	19
4th	Jules Swan	16

Girls 13-14 Cand & 1st

1st	Olivia Matthews	44
2nd	Chinmayi Balusu	31
3rd	Frances Celine Melendres	24
4th	Faith Adkisson	23

Girls 13-14 2nd & Up

1st	Isabella Nigro	40
2nd	Kaysha Stricklin	28
3rd	Sreenaha Vedantam	26
4th	Malia Brust	20

Girls 15-17 Cand & 1st

1st	Kendra Koons	38
2nd	Isabela Matthews	29
3rd	Caitlin Royston	29
4th	Ivimpreet Bhangal	15

Girls 15-17 2nd & Up

1st	Madilynn Wong	35
2nd	Elayne Daniels	21
3rd	Gabrielle DeGozman	19
4th	Paige Alferez	14

Women 18-29 Cand - Up

1st	Elizabeth Bogard	48
2nd	Carlee Jansz	21
3rd	Tamela Bird	15
4th	Patricia Lopez	12

Women 30-39 Cand - 2nd

1st	Milla Weithington	32
2nd	Katie Walker	15
3rd	Trina Risse	13
4th	Sara Hathaway	13

Women 30-39 3rd & Up

1st	Shannon Park	30
2nd	Kelly Aubuchon	24
3rd	Sara Frega	18
4th	Lindsay Walker	14

Women 40-49 Cand & 1st

1st	Michele Valencia	27
2nd	Monique Griffith	26
3rd	Hyma Vedantam	12
4th	Aileen Barker	12

Women 40-49 2nd & Up

1st	Jade Pasqual	28
2nd	Lynn Jaki	19
3rd	Michele Robertson	15
4th	Shelle Parsons	13
4th	Carmella Wong	13

Women 50-59 Cand & Up

1st	Sue Reineke	25
2nd	Carol Cooper	22
3rd	Susan Harada	19
4th	Lee Blaszyk	19

Women 60 & Up Cand & Up

1st	Suni Turchan	25
2nd	Debra Neisen	20
3rd	Margaret Snider	14
4th	Christine Stewart	6

Championship Standings

OLYMPIC SPARRING

Boys 12-14

1st	Ashton Moger	32
2nd	Ethan Johnson	19
3rd	Gilbert Sanchez-Torres	13
4th	Ethan Lim	5
4th	Sean Orrico	5
4th	Angel Lopez-Flores	5

Girls 12-14

1st	Victoria Loya	35
2nd	Kaileah Daniel	16
3rd	Talor Macy	9
4th	Grace Guzman	8
4th	Sembra Koons	8

Boys 15-17

1st	Hunter Siason	37
2nd	Lorenzo Ortega	20
3rd	David Ygay	18
4th	Timothy Salas	14

Girls 15-17

1st	Kendra Koons	31
2nd	Madilyne Wong	21
3rd	Emani Lindsay	17
4th	Maria Lopez	15

Men 18 & Up

1st	William Jackson	15
2nd	Timothy McAlpine	15
3rd	Eric	12
4th	Chase Custer	12

Women 18-31

1st	Marisol Flannery	15
2nd	Patricia Lopez	12
3rd	Shelby Glaister	10
4th	Hannah Tesch	9

STANDARD WEAPONS

12 & Under

1st	Ian Quinn	48
2nd	Chloe Yanez	17
3rd	Landon Dempsey	15
4th	Blake Sparks	15

18 & Up

1st	William Wong	23
2nd	Jeremy Sparks	21
3rd	Nicholas Sadowy	18
4th	Kasea Cirincione	15

13-17

1st	Andrew Eugenio	18
2nd	Collin Sides	15
3rd	Madilyne Wong	15
4th	Justin Mattson	12

OPEN WEAPONS

12 & Under

1st	Ian Quinn	47
2nd	Zach Petree	18
3rd	Nicholas Johnson	17
4th	Chloe Yanez	16

3rd Gabie DeGuzman 15

4th Alexander Way 10

18 & Up

1st	Kasea Cirincione	30
2nd	Robert Maybie	29
3rd	Robby Northam	8
4th	Maximiliano Beall	8

13-17

1st	Elayne Daniels	19
2nd	Justin Mattson	17

TEAM POOMSAE

12 and Under

1st	Team Pourarian (Park, Arendt, Nathanson)	27
2nd	Team FTKD (Eugenio, Nigro, Macy)	15
3rd	Team Tombstone (Thornton, Nasca, Marmins)	15
4th	Team Rocklin	12

Age 13 - 17

1st	Team Michelle Lewis (Daniels, Reniero, Wong)	28
2nd	Team FTKD (Wong, Bogard, Eugenio)	22
3rd	Team Studio (Khatib, Brust, Bishop)	6
4th	Red Ninjas	5

MEN'S POINT SPARRING

Boys 8 & Under

Cand & Up

1st	Saahil Sabnis	28
2nd	Brandon Wong	18
3rd	Chase Dayog	14
4th	Maxwell Clark	12

Boys 9-10

Cand & 1st

1st	Ethan Lim	32
2nd	Charlie Serenbetz	23
3rd	TJ Park	22
4th	Landon Dempsey	21
5th	Charles Naggia	19
6th	Tyler White	17
7th	Francisco Cuevas	15
8th	Rahim Lindsay	15

Boys 11-12

Cand & 1st

1st	James Membrere	28
2nd	Ethan White	24
3rd	Tyler Valencia	18
4th	Cody Suski	10
4th	Nathan Goguen	10

Boys 11-12

2nd & Up

1st	Brian Hall	38
2nd	James Garcia	31
3rd	Emilio Valdavinosa	9
4th	Jared Greenhalgh	8

Boys 13-14

Cand & 1st

1st	Gavin Womack	26
2nd	Sean Orrico	23
3rd	Timothy Braxton	20
4th	Cody Nay	13

Boys 13-14

2nd & Up

1st	Ashton Moger	39
2nd	Angel Lopez-Flores	32
3rd	Julian Ortega	25
4th	Ethan Johnson	19

Boys 15-17

Cand & 1st

1st	Hunter Siason	35
2nd	Alexander Korpela	33
3rd	Benjamin Elms	25
4th	David Ygay	24

Boys 15-17

2nd & Up

1st	Andrew Eugenio	22
2nd	Lorenzo Ortega	22
3rd	Shukri Suhir	15
4th	Vinny Perry	15

Men 18-29

Cand - 2nd

1st	Connor Sichler	35
2nd	Taylor Osorio	12
3rd	Robbie Parsons	9
4th	Chase Custer	8

Men 18-29

3rd & Up

1st	Timothy Franklin	25
2nd	Robert Maybie	24
3rd	Michael Gibson	22
4th	Dillon Hern	15

Men 30-39

Cand - 3rd

1st	Phillip Meyer	25
2nd	Brian Wade	24
3rd	Robby Northam	13
4th	Anthony Russell	11

Men 30-39

4th & Up

1st	Nick Beard	46
2nd	Adam Frega	20
3rd	Bobby Salvo	15
4th	Jarrett Blankenship	9

Men 40-49

Cand - 2nd

1st	Craig Swan	44
2nd	Tony Park	29
3rd	William Bollinger	12
4th	Arthur Umayan	10

Men 40-49

3rd & Up

1st	William Wong	25
2nd	Eric Bogard	17
3rd	Nicholas Sadowy	9
4th	Gregory Woodward	3

Men 50-59

Cand & Up

1st	Robert Campbell	33
2nd	June Valencia	27
3rd	Jim Cotrell	25
4th	Rock Carey	20

WOMEN'S POINT SPARRING

Girls 8 & Under

Cand & Up

1st	Charlotte Southworth	41
2nd	Christianna Turner	29
3rd	Violet McCurdy	28
4th	Emmalee McCurry	4
4th	Avantika Raina	4
4th	Zara Abutin	4

Girls 9-10

Cand & 1st

1st	Chelsea Bennett	50
2nd	Isabelle Stafford	20
3rd	Jada Godsey	19
4th	Darlene Eugenio	17
5th	Hannah Roberts	14
6th	Alyssa Valencia	12
7th	Olivia Cobell	10
8th	Hasmitha Kanugula	6
8th	Serena Way	6
8th	Lauren Pace	6

Girls 9-10 2nd & Up

1st	Sreenila Vedantam	28
2nd	Miko Cooper	28
3rd	Emma Jaki	12
4th	Sofia Ramos	9

Girls 11-12 Cand & 1st

1st	Kaileah Daniel	30
2nd	Fatima Rivera	18
3rd	Alyssa Liboon	18
4th	Berkleigh Sandigo	9
4th	Kyara Sigheti	9
4th	Trinity Boyd	9
4th	Anabell Ruiz	9
4th	Deani Cortes	9

Girls 11-12 2nd & Up

1st	Victoria Loya	35
2nd	Jules Swan	26
3rd	Chloe Yanez	18
4th	Regina De Los Santos	12

Girls 13-14 Cand & 1st

1st	Faith Adkisson	31
2nd	Chinmayi Balusu	29
3rd	Elizabeth Seibel	18
4th	Charlotte Phillips	16

Girls 13-14

2nd & Up

1st	Kaysha Stricklin	44
2nd	Sreeneha Vedantam	33
3rd	Malaika Alex	12
4th	Grace Guzman	7

Girls 15-17

Cand & 1st

1st	Kendra Koons	37
2nd	Catlyn Rynsen	35
3rd	Kylie Heinz	15
4th	Emani Lindsay	12

Girls 15-17 2nd & Up

1st	Madilyne Wong	34
2nd	Maria Lopez	17
3rd	Gabrielle De Gozman	14
4th	Jamie Stining	13

Women 18-29

Cand - Up

1st	Carlee Jansz	30
2nd	Tamela Bird	15
3rd	Elizabeth Bogard	13
4th	Kiranpreet Bhargal	12

Women 30-39

Cand - 2nd

1st	Milla Weithington	30
2nd	Mary Northam	12
3rd	Rocio Grata	9
4th	Kimberly Matthews	4

Women 30-39

3rd & Up

1st	Shannon Park	30
2nd	Sara Frega	18
3rd	Lindsay Walker	17
4th	Kelly Aubuchon	16

Women 40-49

Cand & 1st

1st	Michele Valencia	30
2nd	Angela Sanchez	16
3rd	Rachel Carey	9
4th	Hyma Vedantam	6

Women 40-49

2nd & Up

1st	Jade Pasqual	35
2nd	Shelle Parson	17
3rd	Lee Blaszyk	14
4th	Vanessa Wright	12

Women 50-59

Cand & Up

1st	Sue Reineke	15
2nd	Suni Turchan	15
3rd	Anne Paszinski	5
4th	Teresa Pierzchala	5

Judges, Timekeeper & Scorekeeper Training

By Ms. Long, Regional Chief Tournaments

Ms. Long, 3rd Degree Black Belt is known for “grabbing the bull by the horns” and getting things done in the Sacramento Region. She recently conducted a Judges, Timekeeper and Scorekeeper training session at UWTA headquarters.

All UWTA judges must pass a written and physical exam and complete a set number of hours before being allowed to move up within the judges rankings. Level 1 judges can judge only colored belt divisions and work the corner. Level 2 judges can work as center referee for colored belt divisions or as a corner in black belt divisions and level 3 judges are allowed to act as center referee for black belt divisions. The goal of this system is to ensure our judges are both knowledgeable and have the experience to judge both the novice and expert competitors.

Even the students acting as time keepers and score keepers must undergo training and certification. Congratulations to all of those who participated and passed their exams and courses and a “big” thank you to Ms. Long.



UWTA South American Operations “Expanding”

UWTA President of South American operations, Teofilio Barrios welcomes Sr. Rodolfo Florenin and his Taekwondo students of Bella Vista, Corrientes, Argentina to the UWTA family.

We are proud of his hard work and effort and look forward to seeing Sr. Florenin at our Grand National Championships in Reno this year.



South American Demonstration Congreso DePortes2017

UWTA Instructor Luciano Roldano and his UWTA students participated in a Demonstration in Rosario, Santa Fe, Argentina



UWTA Summer Camp

"Camp Winthers" Year 39!

The UWTA has been conducting our annual Summer Camp high up in the mountains for the past 39 years. Camp Winthers is in the Soda Springs area of the Sierra Nevada Mountains up highway 80. This years camp was designed so the students could have fun, learn Taekwondo skills, values and enjoy the camp setting.

Camp Winters is known for its "great" camp food prepared by the staff at the facility operated by the San Juan School district in Sacramento. The students arrived on Friday evening, checked in and received their squad and cabin assignments.



After checking in and delicious camp dinner, they enjoyed their first of many Taekwondo workouts taught by Chief Master Cedric Robinson, 8th Dan. Then it was off to class and bed.

That night they had a surprise workout at about "O Dark Thirty"... and it was said that

they woke up the bears with their Kiops.

The next day it was time for a morning run to watch the sunrise. A memorable experience. Throughout the day, they trained in Taekwondo, Jujitsu and other martial training. Swimming at the lake and then there was a "great race" where anyone who could beat Debbie Lovas, 5th Dan





and Regional Director for Northern California operations up the hill was offered \$20... No one could beat her so Chief Master Robinson got to keep his money. The meals were said to be "Delicious".

Saturday evening was capped off with the annual "story telling" at the camp fire. Sr. Master Stan and Paul Rob-



inson, Daniel Lovas shared stories along with Chief Master Cedric Robinson. The stories are all secrets you'll have to come to camp to learn.

Each of the 7 squads performed short skits for Grand Master Robinson and Chief Master Corrie before they received their graduation certificates and Camp T-Shirts. A great time was had by all...

UWTA Trainee Instructor Course "Camp Attendees Audit Course"

Senior Master Daniel Lovas, 7th Dan, National Vice President of Instructor Training conducted a 30 hour course for Trainee Instructors who were "auditing" the course at Camp Winthers. Auditing the course means attending and participating to get a jump start on how to use the UWTA's proprietary structured teaching system. These young trainee instructors are enrolled in the UWTA Instructor Trainee program. The program is designed to teach our instructors how to utilize the UWTA's Structured Teaching program. All UWTA instructors are required to complete this course before being awarded the title of "Instructor" in the UWTA.

Participants have to enroll in the course at www.uwta.org and are sent an official trainee uniform properly patched and trimmed out along with the Instructor Trainee Manual. The course requires "on the job training" conducted by their school operator. All trainee's must also complete 300 hours of teaching under the supervision of a



UWTA Instructor before being allowed to attend the 3 day Instructor certification course. Only certified Instructors or members of the Trainee or Junior Leadership program are allowed to "teach" at a UWTA licensed facility.

If your interested in joining the program, talk to your instructor and if you get their permission you can register at www.uwta.org (You cannot register at your dojang).

Kukkiwon Master Instructor Course



The UWTA has been working hard to bring Kukkiwon Courses previously offered only in Korea to the United States and to California where our members can participate in World Class training and Licensing opportunities. The Kukkiwon conducted both the International Masters Course and their Examiners Course at U.C. Berkeley in July 2017. The UWTA had about 20 Instructors participate in the training.

The course consisted of both classroom learning and training in Basics, Poomsae and Olympic Sparring. The focus of the physical portion of the

course was on standardization of all aspects of Technique. The Master Course classroom learning included training and lectures on Rituals and Courtesy of Taekwondo, History of Taekwondo, Terminology and Basic Motions of Taekwondo, Taekwondo Poomsae, Taekwondo Gyeonggi (sparring) and Promotional Rules and Policy.

Many of the UWTA Instructors participated in the course seeking their License and others were there for the learning and audited the course. The Kukkiwon Masters License is required for individuals or dojang operators who deliver the Kukkiwon





Current Womens Poomsae World Champion Demonstrating technique.



Senior Master Robinson focused on listening.



Chief Master Corrie delivered the Kukkiwon lectures for Masters and Examiners Courses.



curriculum and promote colored belt students (Gup levels 10th - 1st Gup) at their Taekwondo dojang.

The Examiners course participants attended most of the same physical training sessions; but, also received advanced training on Theory of Promotional Exams, Scoring, Regulations and Rules. In addition their training included in-depth training in the elements of scoring Black Belt Examinations and use of the Black Belt Examination Scoring systems. Individuals being is-

sued a license from this course are authorized to sit on Black Belt Examination panels. Without the license, one is not authorized to judge and promote black belts to Kukkiwon ranking.

Both courses ended with Physical and Written Examinations. The Kukkiwon requires Masters to participate in continuing education and issues level 3 License to 4th & 5th Dans, Level 2 license to 6th & 7th Dans and Level 1 License to 8th & 9th Dans for successful passing of the courses.



Final Written and Physical Exam conducted by Master Na of the Kukkiwon.



Bay Area

UWTA Regional Tournament

Senior Master Brian Hamlet, 7th Dan, Regional Director and Master Wayne Jones, 6th Dan, Regional Chief of Tournaments conducted their Bay Area region tournament on July 29th. Special guests were Chief Master Rankin, UWTA Executive Vice President, Senior Master Daniel Lovas, Vice President of Instructor Programs and Debbie Lovas, 5th Dan, Regional Director of the Sacramento Region.

Students from both the Bay Area and Sacramento region were in attendance. Many black



belts traveled to assist with the Judging and to collect "final four" points toward their final push for points to get seated in the competition for National Champ of their divisions.

Master Jones awarding medals to the competitors.

There was also a little "summer fun" added to the event with the dunk tank. All Masters volunteered to climb in the dunk tank to see if the students could throw a straight and hard softball. Of course the reward was to dunk their instructor. A good time was had by all!



Chief Master Rankins sends Senior Master Lovas into the water.

Pacific Northwest UWTA Regional Championships

The Pacific Northwest UWTA Regional Championships was held at Edmonds Community College in Lynnwood, WA, on June 24, 2017. The tournament was hosted by Grand Master Jack Pierce. The senior ranks included Chief Master James Connor, Sr. Master Del Loney and Sr. Master Michael Rennick. There were approximately 100 competitors and 150 spectators from Wash-

ington, Oregon, and California. The competitors ranged from the ages of 4 to the mid 60's. Competition included forms, sparring, padded weapons sparring and board breaking. A black belt testing was conducted before the tournament competition. There were 10 black belt candidates that successfully passed their test for 1st degree black belt.

Las Vegas Regional & Testing— Grand Master Lee Guest

May 13 2017 marks a new era in the Las Vegas Taekwondo Region. Hosted by Superkids Karate of the Lone Mountain Legacy TKD school, The Las Vegas Summer Kickoff Tournament was a sure bet for prime entertainment. The weekend turned out to be one of surprises and fun. Grand Master Jong H Lee was in attendance as black belts took the stage for the regional testing. Each black belt performed admirably and with joy. After all testing was completed; the candidates were treated to a special talk of encouragement by Grand Master Lee.

On Saturday May 14 2017, the surprises kept coming. The day's events started off with a Parade of Athletes from all of the schools in attendance. Athletes came not only from Las Vegas, but from the Northern California Region as well as Washington. All were bowed in and then the place lit up as the Legacy Legend Demonstration Team took stage. Their demonstration presented a tribute to the former Chang Han Ryu Pooms put to the soundtrack "Circle of Life" followed by a demonstration of Hai Dong sword and a brief comedy routine performed with the Kama. The demonstration was capped off with board and block breaks by the demo team. The crowd was very pleased and thoroughly enjoyed the show.

The day continued with a great spirit of competition and camaraderie. Excitement was in the air as each ring sprang to life, and continued throughout the day. Children were walking away with their heads held high showing off all of the medals and awards they had received. The judges



were treated to a gourmet taco bar, offering refreshment and a second wind to take on the afternoon rings.

Saturday evening brought a solemn and reflecting time as the Masters came to the stage and all of the promoting black belts paraded in. The lighting was dim as the ambience was supplied by tea candles. The first surprise of the evening was when Grand Master Lee presented an honorary Kukkiwon 7th dan certificate to Master Lyons widow Ms. Denise Frye.

The black belts now waiting in excitement breathed a sigh of relief as their name was called and they came forward to receive their new rank, and then be knighted by Grand Master Lee. There is a somber yet fullness felt as the weekend came to a conclusion with the final bow out. Muk Yom, a time of reflection, a time to revisit, however briefly, a job well done by the hosts, their staff, and all of the competitors.

It is only fitting to end with a quote spoken by Grand Master Lee as he addressed the black belts. "Your journey does not end here but it is a beginning of a new day".



UWTA Instructor Certification Camp Lynnwood, Washington

The UWTA conducted a National Instructor Certification Course on August 4-6th, in conjunction with the Pacific Northwest Regional Training Camp being hosted by Grand Master Jack Pierce. Twenty Seven (27) students participated in the training course with Mr. Keenan Lanata and Jared Chapman being certified as new UWTA Instructors. Fifteen current instructors were recertified for two years and nine others audited the course. The certification course was taught by Chief Master Corrie.



Camp Graduation Ceremony.

Welcome Aboard

The UWTA was proud to welcome Mr. Erwin Watson and Ms. Lorry Watson and their students to our organization. The Watson's participated in the UWTA Instructor certification course in Washington after enrolling their Dojang into the organization. They were invited to the event by Master Dale Loney and decided to join our group. We are happy to have them onboard. Chief Master Corrie said, "they came to us with a Kukkiwon background and both trained very hard and took their Taekwondo very serious. I enjoyed working with them as they were both open minded and came to work and learn". They will be an asset to the Region.



UWTA Grand Nationals & 25 Year Celebration



**GRAND NATIONAL CHAMPIONSHIPS
& BLACK BELT TEST**

OCT 6-7

FRIDAY:
Special Seminars and educational courses
for colored belts, black belts and business owners beginning at 8 AM
CHECK IN - 5:00 PM
BLACK BELT TEST - 6:00 PM
UWTA FINAL FOUR COMPETITION - 8:00 PM

SATURDAY:
JUDGES MEETING 8:00 AM
TOURNAMENT COMPETITION 9:00 AM
BLACK BELT AWARDS CANDIDATE CHECK IN 5:00 PM
BLACK BELT AWARDS CEREMONY 6:00- 7:30 PM
25th ANNIVERSARY MASTERS DINNER 8:00- 10:00 PM
Black Tie Dinner & Award and Hall of Fame Ceremony

Register online at www.uwta.org

Silver Legacy Hotel Reno Events Center
400 N. Center St. Reno NV 89501
Hotel Code: UWTA17
(775) 329- 4777



Senior Master Lovas testing
for 8th Degree Black Belt



Special Seminars

Friday

9:00 AM: Potential School Owner
Franchise Presentation Free
10:00 AM: School Owners: How to
implement Jr. Ldr & Trainee Instructor
program/Black Belt Retention

1:00 PM Colored Belt Poomsae Seminar
1:00 PM Black Belt Poomsae Seminar
2:00 PM UWTA Weapons Seminar
2:00 PM Point Sparring Seminar

Seminar Fee: \$25

Saturday

8:00 PM "25 Year" Anniversary
Dinner (\$50)
(All Students eligible to participate)

Register for all events while registering
for competition events at www.uwta.org
Limited tickets will be available for
dinner at registration table at event.

Questions call HQ
916 783-1199

**"25 Year" Anniversary Magazine will be released
in hard copy in Reno and will contain history,
timeline and expose on all UWTA Masters.
Great collectible and autograph edition.**

UWTA Upcoming 2017 Events



UWTA KUKKIWON CUP
"Fun and Friendship"

Individual Poomsae, Pair Poomsae, Team Poomsae, Demonstration Teams, Point Sparring.
 Point Sparring competition divisions: Division A: Elite Point Sparring Black Belts Divisions
 Division B: (Novice) Point Sparring

Regular UWTA points for B Division
 Double UWTA points for A Division
 Foam Gear Required

AUGUST 19, 2017
FOLSOM SPORTS COMPLEX
66 Clarksville Rd, Folsom, CA 95630


Individual event Fee:
 \$65 - One Event
 \$75 - Register at the door
 \$20 - Additional Events
 Team Poomsae: \$120 - Number of people in group = 3
 Pair Poomsae: \$95 - Number of people in group = 2
 Demo Team: \$150 - Number of people in group = 8-12 with 12 maximum

Online registration closes August 16th
 Questions? email: testing@uwta.org
ALL REGISTRATION go to www.uwta.org



Hotel Info
 Courtyard by Marriott Sacramento Folsom
2575 Iron Point Rd, Folsom, CA 95630
(916) 984-7624

Doors open at 8:00am
 Competition begins at 9:00am
 Spectators pay at the door:
 \$10 Ages 5+ Adult | Ages 4 and under - FREE




UNITY MARTIAL ARTS
2017 REGIONAL TOURNAMENT
NOVEMBER 11, 2017

POOMSAE • SPARRING • BOARD BREAKING • OLYMPIC SPARRING
 UWTA WEAPONS • OPEN WEAPONS • ONE-STEP SPARRING

UWTA MEMBERS: \$65.00 FIRST EVENT
 NON-MEMBERS: \$75.00
 Spectation Fee: \$5.00 UNDER 5 - FREE

EACH ADDITIONAL \$20.00 FOR EVENT:
 2 Events
 Point Sparring
 Olympic Sparring
 Open Weapons
 BOARD BREAKING - POWER
 BOARD BREAKING - FREESTYLE

LOCATION - TBD




LYNWOOD WASHINGTON
UWTA REGIONAL TOURNAMENT
AND BLACK BELT TEST



DECEMBER 2, 2017
LOCATION
TO BE ANNOUNCED



UWTA/Kukkiwon Rank Alignment Opportunity for All Black Belts

The UWTA has received special permission to provide a rank alignment opportunity for all black belts who's UWTA rank is not the same as their Kukkiwon rank.

This opportunity applies to all UWTA black belts. Those requesting alignment to 1st – 3rd Dan can apply by submitting an application and paying the administrative alignment fee.

The administrative fee is \$70 for 1st Dan, \$90 for 2nd Dan and \$120 for 3rd Dan. Example: if you have Kukkiwon 1st Dan but hold a UWTA 3rd Dan, you would fill out an application and submit payment of \$200 (\$90 for 2nd Dan and \$120 for



3rd Dan totaling \$210) and we will submit your package to the Kukkiwon.

Those requesting to be moved to 4th Dan above must submit an application, fee and participate in the upcoming special Kukkiwon seminar and demonstration of knowledge event (all 4th Dan's have been provided information on this process and fee).

How do you apply? Simple, just go to www.uwta.org, click on the Business Portal tab, click on the Forms Tab, download and fill out the Kukkiwon Application and submit it along with payment to:

**UWTA HQ, P.O. Box 1108,
Roseville, CA 95678.**

**If you have questions send an
email to testing@uwta.org**

