

# UWTA

**MAGAZINE**

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**Chief Master  
Cedric Robinson**

**United World Taekwondo Association**



# Message From Our CEO

## UWTA focus on quality and character development

This year is already going by fast and each year we work to ensure the UWTA is continuing to provide the finest martial arts program available anywhere in the world. This year, we launched a number of projects to bring improvements and new programs to our UWTA school operators. Our top priority this year has been focused on ensuring our Taekwondo program delivers “character development” as a key component to our teaching system. Character development has always been a major component of Taekwondo curriculum but with the changing culture in America, I wanted to be sure our system continues to deliver both an introduction to the oriental culture of our art as well as staying current with what we call “American” values.

In today’s society, core values seem to be being challenged at every corner. The primary goal of a martial arts program is to develop “strong independent human beings capable of successfully integrating into our society”. With this goal in mind, Taekwondo splits our training into three major areas that include body, mind and spirit. In Taekwondo, all three of these areas are developed, challenged and enriched. Much of this goes unnoticed to the average participant and spectator as the lessons and training happens in each and every class a student attends.

The act of lining up by rank, answering up with yes “sir” or “mam”, being pushed in class further than one would ever do by themselves, undergoing public examinations, competing in tournaments, training hard and being rewarded with a promotion all have

character development aspects. The creation of self-confidence, self-discipline and a sense of pride comes from working hard and achieving one’s goals. Each belt represents yet another challenge and a new goal. Achieving a black belt, winning a championship and even losing all build character.

Delivering this training is something we, as an organization take serious and are tasked with having to ensure our Instructors have a deep understanding for their role. To deliver a class that is inspirational, educational and challenging is our goal. This year, we are implementing Character development component into our Instructor Training, Manuals and Student Handbooks. Our goal is to ensure that our Instructors are delivering a traditional “Martial Arts” program geared toward developing strong, independent humans capable of defending their choices in life and with the ability to live a healthy and successful life.

*Yours in Taekwondo,*  
**Clinton Robinson**  
**9th Degree Black Belt**  
**Grand Master & CEO**

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## Organizational Communications

The UWTA Senior Leadership team welcomes you to our quarterly digital member magazine. This magazine is designed to provide you with information on organizational events, updates on policy, philosophy, National and Regional events. Our goal is to share information both with our website at [www.uwta.org](http://www.uwta.org), weekly constant contact releases and quarterly magazine.

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## The UWTA Organization Officers



Grand Master  
**Jong Hwan Lee**  
Founder



Grand Master  
**Clinton Robinson, Jr.**  
CEO



Chief Master  
**Willie Rankins**  
Executive Vice President



Chief Master  
**Jack Corrie**  
Secretary General



# UWTA Recognized by Kukkiwon Organization in Paris



Every two years, the Kukkiwon brings together its leadership team to the "World Leadership Conference". This year the central theme of the conference was "Humanism". With 100 Million practitioners, 9 Million Black Belts in over 200 countries, the Kukkiwon is the recognized pre-eminent leader of Taekwondo. The organization is tasked by the Korean government to provide world-wide leadership to Taekwondo. The UWTA has three seniors currently appointed to the advisory board of the organization. As advisors we provide input into the direction, policies and operations.

This year, Grand Master Robinson and Chief Masters Corrie and Cedric Robinson traveled to the conference to participate in the event. During the conference Grand Master Robinson, as the UWTA President was given the "Special Honor" of signing a Joint Declaration of Taekwondo Leaders representing the panamerican region of the World. This declaration was a commitment by each of the continental leaders to work together collaboratively to facilitate "Human Peace" through the passing on of Taekwondo values.



# Won as Leading Taekwondo in American Region



UWTA President Robinson.



Delivering Speech.



Signators of the Declaration.



Continental Agreement.



Chief Masters Robinson & Corrie.



Grand Master Ahn.

# California Taekwondo Foundation

## "Honors" UWTA Leaders

The California Taekwondo Foundation was created with a group of the Taekwondo Senior Grand Masters, who felt the need to bring leadership to the bifurcated Taekwondo environment in the California area. The seniors believed to many separate groups of both American and Korean Instructors were working at odds and needed senior mentoring and leadership to bring them together as "Taekwondo Men/Women" and back to the common purpose of spreading Taekwondo and its culture for the betterment of our society.

Professor Min of U.C. Berkley was a key pioneer in moving Taekwondo to the forefront in California, U.S and Internationally. During his speech at the awards event, he reminded everyone that he and Grand Master M. K. Kang (Grand Masters Lee and Robinson's instructor) worked hard to bring Taekwondo into the University Circuit, AAU and even the Olympics as a sport.

He also reminded all the seniors and Instructors that this was not an easy task and that as he grows older he looks to the current seniors coming up thru the ranks to step up and carry the torch. He said, it was his life's work and while he and

others made great strides, it is upon us to maintain and finish his work.

He also shared his Taekwondo philosophy by stating to the group, "you will live a short life span in this world and must live life in a respectable, honorable manner and

contribute to your family, society, nation and universe in a positive way". He believes this is the job of a true Taekwondo Master.

During the speech, he stated "don't expect it to be easy as you can't avoid a rain storm; but, you must learn to dance with the rain to win". He also said, he realizes not everyone will step up to this challenge; but, hopes for the good of Taekwondo that his hard work was for not and that some of us would continue his work.

During the ceremony, he passed on an original poster from Taekwondo's first appearance at the 1988 Olympics to Grand Master Koo thanking him for his dedication to Taekwondo. The Korean Ambassador's assistant delivered a kind message of support for the CTF's efforts and said the Korean government will continue to support the spread of Taekwondo. The Ambassador's emissary delivered a "Certificate of Appreciation" to Grand Master Robinson for his contributions to Taekwondo. Also recognized at the event was Grand Master Lee who received a "Taekwondo Pioneer" award.



*Professor Min-Taekwondo Pioneer.*



*1988 Taekwondo Olympic Poster—Original.*



*Korean Ambassador awards Certificate.*



*Leadership of Excellence Award.*



*Grand Master Jong Hwan Lee.*



# UWTA Says Good Bye to a Key Member of Our Family



Grand Master Jack Pierce, 9th Degree Black Belt, UWTA & Korea Taekwondo MooDukKwan Association sadly passed away last year due to health complications. He and Grand Master Robinson met in the early 1970's in Taiwan while serving in the military. They trained together in Taiwan, co starred in Taiwan movie, "Black Dragon vs. Yellow tiger" and had a dream of returning to the U.S. and opening a Taekwondo dojang. They opened the North Highlands Taekwondo school together and over 40 years later their dream is continuing...with the UWTA. Grand Master Pierce, may you "Rest in Peace" and we will never forget you as "you will live in all of us thru our organization and the Taekwondo we all share".



# Cedric Robinson

Chief Master Cedric Robinson started training Taekwondo in 1978 under Grandmaster Robinson and is one of the top leaders in the UWTA. As one of the first students to sign up at the legendary Watt Ave school he earned his Black Belt in 1981.

In 1983, he became a certified instructor and began a long career of teaching. He has been instructing in south Sacramento for 25 years and is very well known and quite popular for his work in the community. He enjoys teaching children especially those with autism and who are mentally and physically challenged. As an instructor of champion caliber athletes, many of his students have enjoyed success in competition all over the world.

Chief Master Robinson has also used his Taekwondo skills, work ethic and desire to succeed in several other disciplines of combat sports. Prov-

ing to many that Taekwondo is an extraordinary art that when taught properly truly does prepare one for success in all areas of life. During his career he has ventured out to prove this point. Here are a few of his many accomplishments inside and outside of Taekwondo:

- 1980-88 PKA national champion featured on ESPN 3 times
- 1983 1st place ATA Nationals Las Vegas
- 1985-86 1st Place ATA Grand Nationals
- 1991 USA Boxing Region 2 champion
- 1992 CKL Fighter of the year
- 1993 Vae Lima Pancrase Champion
- 1994 NBL Reno Champion
- 1993-2000 Uwta Champ
- 2006 USA TKD National Champion Forms and Sparring.







Chief Master Cedric Robinson has always believed that being fit is an important aspect of representing oneself as an Instructor. He has pushed and continues to push his physical skills to the limit in an effort to be a living example of what a “true” Master and Senior Leader in Taekwondo should exemplify. At age 53, he used his TKD skills to win the 2016 Muay Thai Classic Championship Belt (Oldest competitor to win that year). His philosophy in this area is quite simple, “if you are going to be an instructor, master or senior martial artists, you must look, walk, talk and live the life of one”, “no excuses are allowed for not being a living example of the art you represent”.

He has been a UWTA Member since it was formed. As a senior, he has represented the UWTA by taking on roles in the larger Taekwondo community. In 2011-13 he served as the Vice President of the California Unified Taekwondo Association. He participates in the US Grand



Master Society annual meetings keeping in touch with the politics and events of Taekwondo on a National level.

He also actively travels to upgrade and maintain his Taekwondo knowledge, skills and credentials with the Kukkiwon. He currently holds his Master Instructor License and is a licensed Examiner qualified to sit on Black Belt Examinations on a National Level.

In 2018, he traveled to Korea to participate in the “Taekwondo World Leadership Conference” representing the UWTA on the global front. He enjoys teaching and practicing Taekwondo and seeing the many benefits it brings to his students and parents. He also likes spending time with his family and traveling with his wife Pushpa. Chief Master Cedric Robinson exemplifies and lives the role of a true leader within the UWTA and also works to ensure the UWTA is represented and positioned within the larger Taekwondo world.



# UWTA Congratulates the 2018 “UWTA National Champions”



*UWTA Champions received their new “National Champ” Doboks from the seniors at the Sacramento Regional Tournament in January with lots of talk about going for a “Repeat” title.*

## Sacramento Regional Trainee Instructor & Junior Leaders Workout Saturday, February 2, 2019



*Trainee Instructors.*



*Junior Leaders.*



# UWTA Tournament Circuit & Philosophy

The UWTA operates a “Martial Arts” based tournament circuit. There are a few important differentiators between our tournament circuit and other “Sport” related circuits. In this article, I will attempt to point out the difference between the many circuits and the philosophy that rests as the basis and purpose of our event and why we operate the way we do.

To begin it is important to know that we differentiate our tournament circuit in a number of ways. First, we conduct a Martial Arts event, not a sport event. Second, our circuit is managed and operated by UWTA Certified Judges and Black Belts so we can control the conduct and spirit of the event and finally our circuit is considered a safe competition environment designed to prove our students with the experience needed should they decide to compete in the “Sport” circuits. Our circuit is designed to provide the students who participate with life experiences to facilitate their personal growth as a person and Martial Artist.

Throughout the world there are many different competition types and circuits. Everything from MMA fighting with basic safety rules, Professional Kick boxing matches, Mui Tai competitions, Olympic Taekwondo with knockouts, World, International, National, State and Collegiate Taekwondo Circuits with all of these being “Sport” competitions with the single purpose of competing to “win” and coaches focused on getting their athlete to “win”. These events are

riddled with politics, un-sportsman like conduct, appeals, protests and lots of fighting and arguing between coaches, judges and competitors. Not always; but, often enough that bad behavior is expected.

But, these “Sport” circuits are not the only Martial Art’s circuits available as many Taekwondo organizations choose to not push the student to the “sport” side for all the reasons mentioned above. It’s the Karate Kid movie that highlighted the bad side of these competitions.

The UWTA “Martial Arts” Taekwondo Tournaments are designed to provide traditional students with a “Safe” environment where they can come to compete in the spirit of Taekwondo. A place where winning and losing is “OK” as it’s the lessons from winning and losing that helps build character. UWTA tournaments are an “extension” to the training students receive at their Dojang. The UWTA encourages and requires all students to step outside the safety and comfort of their school and compete a minimum of twice as a colored belt, once as a black belt candidate and as a black belt. This experience helps provide the student with real world exposure to having to step up their training, climb outside their comfort zone and perform. This builds their character and provides them with the salt they need to grow as a martial artist.

See page 12 for our current Black Belt point standings at mid-year, before the Spring Nationals.



*Ms. Cirincione holding things together in staging.*



*Sparring Match.*



*Grand Master Robinson.*

# 2018 National Champion

## MEN'S POOMSAAE

### Boys 8 & Under

#### Cand & Up

Jacob Chang	19
Angy Ekone	17
Marc Gabriel Dionisio	15
Keshav Charan	5

### Boys 9-10

#### Cand & Up

Evan Yu	24
Brandon Wong	18
Aaron Chew	18
Blake Tsang	15

### Boys 11-12

#### Cand & 1st

Francis Grande	15
Lucas Freer	14
Reilly Stephenson	10
Bond Pham	8

### Boys 11-12

#### 2nd & Up

Deacon Caoagas	15
Charlie Serenbetz	14
TJ Park	12
Tristan Bird	12

### Boys 13-14

#### Cand & 1st

Curtis Riley	16
Nathan Goguen	12
Jacob Swanson	9
Joshua DeLeon	8

### Boys 13-14

#### 2nd

Cody Suski	24
Giorgio DeBattista	22
Ethan White	21
Tyler Valencia	13

### Boys 13-14

#### 3rd & Up

Ronan Hughes	24
Vishwas Charan	16
Luke Jaki	14
Bradley Stillwell	9

### Boys 15-17

#### Cand & 1st

Garrett Arbaugh	17
Logan Hamblin	15
Jacob Miller	5
Raynell Lal	4

### Boys 15-17 2nd

David Ygay	24
Joseph Suski	22
Hunter Siason	14
Gavin Womack	11

### Boys 15-17 3rd & Up

Alexander Tymchysyn	18
Ashton Moger	17
Ryen De Los Santos	15
Ethan Johnson	13

### Men 18-29

#### Cand - 2nd

Jonathan Pauline	20
RJ Valderrama	13
Fletcher Hathaway	6
Brandon Reynolds	5

### Men 18-29

#### 3rd & Up

Enrique Noguez	25
Aidan Hughes	15
Sean Mullarkey	12
Jared Chapman	9

### Men 30-39

#### Cand - 3rd

Ian Malancea	15
Steven McGinnis	5

### Men 30-39

#### 4th & Up

Nick Beard	17
Adam Frega	15
Andrew Beck	9
James Carswell	6

### Men 40-49

#### Cand - 1st

Kevin Chang	15
Craig Swan	12
Sean Veling	5

### Men 40-49

#### 2nd & Up

William Wong	20
Eric Bogard	12
Deon Gilmore	9
Chris Midgley	8

### Men 50-& Up

#### Cand & Up

June Valencia	15
Tyrone Anub	12
Michael Wang	10
Nicholas Sadowy	9

## WOMEN'S POOMSAAE

### Girls 8 & Under

#### Cand & Up

Maria Del Carmen Urube	
Ramos	15
Aditi Parikh	12
Lainie DeGray	5
Shaivika Isanaka	5

### Girls 9-10

#### Cand & 1st

Avery Chang	25
Suhani Shah	12
Gabbie Ricafort	12
Sydney Valencia	10

### Girls 9-10

#### 2nd & Up

Zoey Dong	15
Charlotte Southworth	14
Madeline Liu	12
Violet McCurdy	8

### Girls 11-12

#### Cand & 1st

Pranathi Sudarshan	16
Emily Pascual	15
Shreya Aravind	12
Kinga Magdalena Major	12

### Girls 11-12

#### 2nd & Up

Alyssa Valencia	17
Miko Cooper	17
Darlene Eugenio	9
Ryleigh Schmid	9

### Girls 13-14

#### Cand & 1st

Jocelin Flansburg	17
Zoe Rickenbaker	15
Samantha Nay	14
Shayan Lai	5

### Girls 13-14 2nd

Alexandra Maki	20
Adrianna Ledesma	12
Rachel Nathanson	10
Emily Litherland	9

### Girls 13-14

#### 3rd & Up

Kailee Brust	17
Coral Bishop	17
Ashley Hufford	13
Jules Swan	9

### Girls 15-17

#### Cand & 1st

Grace Matteo	24
Rylee Milbauer	16
Irina Bharadwas	11
Ashley Smith	9

### Girls 15-17 2nd

Chloe Maki	20
Olivia Matthews	16
Kylie Hernandez	13
Sembra Koons	9

### Girls 15-17

#### 3rd & Up

Isabella Nigro	25
Madilyne Wong	16
Gabrielle De Guzman	13
Kaysha Stricklin	11

### Women 18-29

#### Cand - Up

Thuy Le	25
Darin Stathos	16
Tamela Bird	16
Elizabeth Bogard	9

### Women 30-39

#### Cand - 1st

Joy Mombourquette	17
Kimberly Mathews	15

### Women 30-39

#### 2nd & Up

Shannon Comstock	20
Sara Frega	14
Rebecca Beck	12
Milla Weirthington	10

### Women 40-49

#### Cand & 1st

Dahlia Scott	25
Sharyl David	16
Brook Chang	9
Carol Arbaugh	6

### Women 40-49

#### 2nd & Up

Lynn Jaki	17
Kelly Aubuchon	15
Michele Valencia	9
Sara Hathaway	6

### Women 50-59

#### Cand & Up

Carol Cooper	19
Susan Harada	17
Christina Yee	13
Tammy Burst	9

### Women 60 & Up

#### Cand & Up

Sue Langdon	19
Bonnie Salvo	17
Janice Austin	15
Christine Stewart	9

## OLYMPIC SPARRING

### Boys U12

Phoenix Henderson	15
Raiden Garner	12
Axtin Henderson	9
Jackson Davis	5

### Boys 12-14

#### Light

Rohan Valdez	15
Yosiah Dominguez	15
Lavell Cross	12
Kevin Marroquin	9

### Boys 12-14

#### Heavy

Ethan White	25
James Membrere	12
Samuel Marchis	9
Hayden Her	6

### Boys 15-17

#### Light

Severin Pickett	9
Hunter Siason	5

### Boys 15-17

#### Heavy

Cody Nay	20
Ashton Moger	17
David Ygay	13
Angel Lopez-Flores	8

### Men 18 -30

#### Heavy

Jon Pauline	20
RJ Valderrama	17
Jeremie Calma	10
Jorden Sanchez	9

### Men 31 & Up

#### Heavy

Brian Wade	5
Florentino Mercado	4

### Girls U12

Sage Maxfield	20
Chole Mead	15
Hallie Savell	5
Olivia Cobell	5

### Girls 12-14

#### Light

Abigail Wasser	5
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### Girls 12-14

#### Heavy

Jasanpreet Kaur	15
Fatima Rivera	12
Adrianna Ledesma	9
Naddia Zaitseva	5

### Girls 15-17

#### Light

Chalyn Valdez	20
Paige Alferez	12

### Girls 15-17

#### Heavy

Grace Matteo	24
Sembra Koons	17
April Birnbaum	12
Grace Guzman	5

### Women 18 - 30

#### Heavy

Kendra Koons	20
Veronica Aguirre Lopez	12
Hannah Teschs	9
Darin Stathos	5



# Friendship Point Standings

## STANDARD WEAPONS

12 & Under		18 & Up	
Landon Dempsey	24	William Wong	15
Julian Sage	21	Nicholas Sadowy	12
Samuel Barker	9	Shelle Parsons	9
Viren Chauhan	8	William Custer	5

13-17	
Ian Quinn	24
Madilynn Wong	17
Jacob Miller	10
Vishwas Charan	9

## OPEN WEAPONS

12 & Under		18 & Up	
Jacob Sgheiza	25	Kasea Cirincione	20
Julian Sage	18	Tamela Bird	19
Landon Demsey	17	Shelly Parsons	12
Sage Maxfield	10	Chase Custer	6

13-17	
Gabiella DeGuzman	20
Ian Quinn	20
Gavin Womack	13
Julia Whang	11

## TEAM POOMSAE

12 and Under	
Power of Three (Vedantam, Sudharshan, Aravind)	15

Age 13 - 17	
Asian Invasion (Dong, Nathanson, Matthews)	15
Team 2+1 (Thornton, Hughes, Jaki)	14
Team Folsom (Nigro, Eugenio, Melendes)	12

18 & Up	
Something Funny (Aubuchon, Yee, Salvo)	15

## MEN'S POINT SPARRING

Boys 8 & Under		Boys 15-17 2nd	
<b>Cand &amp; Up</b>		Gavin Womack	20
Angy Ekone	24	Cody Nay	19
Dominic Butler	12	David Ygay	15
Jason Verling	4	Joseph Suski	12
Keshav Charan	3		

Boys 9-10		Boys 15-17 3rd & Up	
<b>Cand &amp; Up</b>		Alexander Tymchyshe	21
Brandon Wong	20	Ashton Moger	20
Brysen Mead	17	Angel Lopez-Flores	15
Fabian Engelbach	16	Ethan Johnson	13
Jacob Sgheiza	16		

Boys 11-12		Men 18-29	
<b>Cand &amp; 1st</b>		<b>Cand - 2nd</b>	
Julian Sage	18	Braven Liles, Jr.	19
Rahil Ram	12	Jon Pauline	17
Caleb Ramirez	8	Chase Custer	17
Bond Pham	8	RJ Valderrama	10

Boys 11-12		Men 18-29	
<b>2nd &amp; Up</b>		<b>3rd &amp; Up</b>	
Yosiah Dominguez	25	Jared Chapman	15
Conner Clark	15		
James Membrere	14		
Deacon Caoagas	12		

Boys 13-14		Men 30-39	
<b>Cand &amp; 1st</b>		<b>4th &amp; Up</b>	
Curtis Riley	18	Nick Beard	20
Rohan Valdez	12	Adam Frega	12
Jacob Swanson	9	Robert Salvo	9
Joshua DeLeon	7	Brian Kropp	6

Boys 13-14 2nd		Men 40-49	
<b>Cand - 1st</b>		<b>Cand - 1st</b>	
Ethan White	25	Craig Swan	15
Cody Suski	19	Sean Veling	14
Giorgio DeBattista	12	Kevin Chang	12
Elliott Petree	9	Florentino Mercado	5

Boys 13-14		Men 40-49	
<b>3rd &amp; Up</b>		<b>2nd &amp; Up</b>	
Bradley Stilwell	19	William Wong	20
Sky Huang	5	Marcus Shelton	15
Julian Ortega	5	Tony Park	9
Nathan Yeung	4	Dean Gilmore	6

Boys 15-17		Men 50 & Up	
<b>Cand &amp; 1st</b>		<b>Cand &amp; Up</b>	
Severin Pickett	25	Michael Roney	17
Garrett Arbaugh	12	Nicholas Sadowy	15
Tony Sanchez	9	Michael Wang	10
Jacob Miller	8	June Valencia	9

## WOMEN'S POINT SPARRING

Girls 8 & Under		Girls 15-17	
<b>Cand &amp; Up</b>		<b>Cand &amp; 1st</b>	
Navivah Taylor	5	Irina Bharadwaj	22
Drew Enes	4	Chalyn Valdez	17
Shaivika Isanaka	3	Imani Tunstall	14
		Grace Matteo	13

Girls 9-10		Girls 15-17 2nd	
<b>Cand &amp; 1st</b>		<b>Cand &amp; 1st</b>	
Diana Magana	20	Sembra Koons	20
Sydney Valencia	12	Kylie Hernandez	15
Suhani Shah	9	Chloe Maki	9
Nathalia Gentil	4	Rebecca Gault	5

Girls 9-10 2nd & Up		Girls 15-17	
<b>Cand &amp; 1st</b>		<b>3rd &amp; Up</b>	
Charlotte Southworth	20	Gabrielle DeGuzman	19
Christianna Turner	18	Kaysha Stricklin	18
Violet McCurdy	16	Paige Alfarez	12
Hailey Gan	6	Sreeneha Vedantam	8

Girls 11-12		Women 18-29	
<b>Cand &amp; 1st</b>		<b>Cand - Up</b>	
Kinga Magdalena Major	22	Darin Stathos	25
Aaliyah Ledesma	15	Kendra Koons	17
Aiyanna Beane	13	Thuy Le	14
Sage Maxfield	11	Hanna Tesch	10

Girls 11-12		Women 30-39	
<b>2nd &amp; Up</b>		<b>Cand - 1st</b>	
Chelsea Bennett	24	Kimberly Matthews	15
Sreenila Vedantam	17	Joy Mombourquette	5
Miko Cooper	9		
Olivia Cobell	8		

Girls 13-14		Women 30-39	
<b>Cand &amp; 1st</b>		<b>2nd &amp; Up</b>	
Samantha Nay	20	Sara Frega	20
Isabel Ochoa Yeppez	12	Trina Risse	17
Shayan Lal	5	Shannon Comstock	4
Berkleigh Sandigo	5		

Girls 13-14 2nd		Women 40-49	
<b>Cand &amp; 1st</b>		<b>Cand &amp; 1st</b>	
Jasanpreet Kaur	15	Sheryl David	19
Fatima Rivera	12	Dahlia Scott	19
Adrianna Ledesma	9	Patricia Pace	12
Easha Ali	8	Carol Arbaugh	6

Girls 13-14		Women 40-49	
<b>3rd &amp; Up</b>		<b>2nd &amp; Up</b>	
Jules Sawin	25	Michele Valencia	15
Coral Bishop	16	Sara Hathaway	12
Oviya Senthil	9	Jade Pascual	9
Anika Sadowy	6	Angela Sanchez	6

# UWTA hosts HoSinSul-Self Defense Seminar

April 2018



*UwtA-Kukkiwon HoSinSul Seminar Participants/Graduates.*

The Kukkiwon dispatched their HoSinSul instructor to the UWTA to provide specialized training in this practical application self-defense course. HoSinSul teaches hand to hand combat. This includes face punches and strikes to targeted areas with an understanding of the medical implication of the blows, joint locks manipulation and takedowns as well as submission moves while on the ground. Learning to have complete control of one's opponent in a combat situation is the goal of this course.

This program also provides Taekwondo Instructors and Black Belts a more complete understanding of Taekwondo's traditional role as a complete "Martial Art" system. Taekwondo is much more than just punching and kicking. It's also much more than just those techniques taught for sport and competition. Olympic sparring, point

sparring are sport and not always geared toward practical application in a real self-defense situation. HoSinSul provides training in the hands on control of an opponent and is geared to real life practical application.

As with most traditional Taekwondo programs, the UWTA program includes HoSinSul at the Black Belt level. The UWTA curriculum introduces basic HoSinSul at the colored belt levels in the form of one-step sparring, which is a simplified form of practical application self-defense. One-steps teach targeting, distance and proper weapon usage. While training all colored belts are taught new basics at each belt level and the application of these techniques.

The foundation of technique learned as colored belts is expanded upon once a student makes their black belt. In fact, this is when their journey begins as they have the tools and begin to be taught their real life application. Sweeps, throws, take downs, break falls and strategic targeting of strikes and blows begins to provide the black belt with the knowledge of a higher level of self-defense. HoSinSul is then added into the curriculum and the black belt begins to blossom in their knowledge of the use of the techniques.

HoSinSul is also a mandatory testing requirement for black belt examinations of individuals testing for 4th Dan and above in the UWTA. All seniors must demonstrate their mastery of control of an opponent against a variety of differing attacks.



*Masters & Instructors learning new skills.*



# UWTA International News

## UWTA South America Paraguay



Chief Master Barrios and other Instructors attending a work shop conducted by Chief Master Rankins at Traditional Taekwondo Academy in Paraguay (September 2018)

## Chief Master Rankin Presides over UWTA Examination in Argentina



Examination Panel-December 2018.

## UWTA Appoints Regional Officers in Argentina



Rodolfo Florentin



Lucian Roldan



Robert VanHumbeck

The UWTA appointed Robert Florentin to the position of Regional Director of Corrinthes, Argentina; Lucian Roldan to Regional Director of Rosario, Argentina and Robert VanHumbeck to the position of Regional Chief of Instruction.



Examination Panel-December 2018.



Stefy Fernandez.

# UWTA Black Belt Test Requirements

Many seem to think it's easy to get to become a black belt. Let us assure you that the journey is far from easy. In fact, let's take a look at requirements. First, the UWTA testing requirements are extremely rigid, exams are conducted in a fair; but, impartial manner with some students passing and others failing. To ensure fairness, the exams are conducted by licensed examiners trained to evaluate the student against very specific requirements designed to escalate as one tests for each higher rank. It is this system, requirements and high quality Instructors that ensure UWTA Black Belts are well trained and can pass our rigid exams.

UWTA Black Belt Examinations only occur after the student has met the minimum qualifications, completed their mid-term exams, fulfilled their additional experience based requirements and can pass a fitness testing that they are allowed to apply to participate in an exam. Of course,

even with all this completed, it is the students Instructor of record, who makes the decision if one can apply to the organization to participate. It is the Instructors role to ensure the student meets the character requirements and expectations of conduct of a black belt. The UWTA requirements ensure they have the knowledge, skill, self-confidence, experience and are physically fit to participate in an examination. The concept of rank, responsibility and authority run hand in hand with promotions. The UWTA additional experience requirements ensure members gain these personal attributes along the way during their journey.

The concept of time in grade is important; but, not as important as the knowledge, skill and experiences that a student must acquire. So, it's not time; but, what you do during your time in grade that qualifies you for promotion. As a black belt, gaining experience from exercising your authority that comes with your rank is what helps mature

Consolidated Promotion Requirements Chart								
Division	Practical					Theoretical	Interview	
Poom/Dan	Compulsory	Appointed	One Steps	Sparring	Breaking	Written	Thesis	# Pages
1 Gup-1st Poom/Dan	Taegeuk 8	Taegeuk 7	5 Creative	X	X	N/A	What black belt means to me.	4 pages Kid 2 pg
1st-2nd Poom/Dan	Koryo	Taegeuk 8	5 Creative	X	X	N/A	My life & Taekwondo.	4 pages Kid 2 pg
2nd-3rd Poom/Dan	Keumkang	Koryo	5 Creative	X	X	N/A	Definition of black belt and responsibility.	4 pages Kid 2 pg
3rd-4th Poom/Dan	Taebaek	Keumkang	5 Creative	X	X	N/A	Instructor Responsibility.	8 pages Kid 2 pg
4th-5th Dan	Pyongwon	Taebaek	5 Creative 5 HoSinSool	X	X	X	Meaning of Taekwondo master.	8 pages
5th-6th Dan	Sipjin	Pyongwon	5 Creative 5 HoSinSool	X	X	X	Development of Taekwondo techniques.	10 pages
6th-7th Dan	Jitae	Sipjin	5 Creative 5 HoSinSool	X	X	N/A	Taekwondo Spirit.	10 pages
7th-8th Dan	Cheonkwon	Jitae	5 Creative 5 HoSinSool	N/A	Option	N/A	Teaching ideas based on experience.	10 pages
8th-9th Dan	Hansoo	Cheonkwon	5 Creative 5 HoSinSool	N/A	Option	N/A	Methods of systematic improvement.	10 pages
Note: For UWTA breaking requirements see breaking chart.								
Thesis Size for Children 12 and under: 2 pages.								

Chart 1.



UWTA Black Belt Mid Term Testing Requirements						
Rank	Number	Frequency	Mid 1	Mid 2	Mid 3	PreTest
Candidate	3	every 2 months	PalJang	Chil Jang	Both	Yes
			1-3	4-6	7-8	
1st Dan	3	every 6 month	Koryo	Pal Jang	Both	Yes
2nd Dan	3	every 8 month	KeumGum	Koryo	Both	Yes
3rd Dan	3	every 12 month	TaeBaek	KeumGum	Both	Yes
4th Dan	3	every 16 month	Pyongwon	TaeBaek	Both	Yes
5th Dan	3	every 22 month	Sipjin	Pyongwon	Both	Yes
6th Dan	3	every 24 month	Jitae	Sipjin	Both	Yes
7th Dan	TBA	every 28 month	Cheonkwon	Jitae	Both	Yes
8th Dan	TBA	TBA	Hansoo	Cheonkwon	Both	Yes
Mid Terms are designed to keep members active and to prepare for rank testing.						

Chart 2.

you and make you ready for a promotion. Recognizing this, the UWTA requires a black belt to gain specific experiences and meet specific expectations before being allowed to apply for examinations.

Chart 1 lists the specific examination requirements for each black belt level.

To keep the black belts moving forward and training with goals they must complete their below listed minimum mid-term examinations. All three mid-terms and a pre-testing must be successfully completed before a member can apply to participate in an organizational examination. Mid-terms are conducted at one's dojang dur-

ing regular student or Gup Exams. Mid-terms for higher ranks should be completed in front of UWTA Regional Exam panels or at the UWTA National Headquarters. High ranks are 4th Dan's and above examining for higher rank (Chart 2).

Finally for the black belts, the UWTA also requires them to gain specific experience which ensures they have been tested exercising the authority that comes with their rank. Sitting on testing panels, volunteering and judging at tournaments, attending special seminars and training on a regular basis is critical to the learning needed at each rank level (Chart 3).

Additional Requirements for UWTA Black Belts								Kukkiwon	
Poom/Dan	Required Class Training Hours	Tournament Participation	Judging Requirement	Judging Requirement	Instructor Certification	Examiners Course	Kukkiwon Inst Crs	Kukkiwon Exam Crs	Kukkiwon Hanmadang Judging
1st Gup-1st Poom/Dan	48 hours	3 total/1 as RxBlk	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1st-2nd Poom/Dan	104 hours	2 tournaments	Level 1	2 per year	N/A	N/A	N/A	N/A	N/A
2nd-3rd Poom/Dan	208 hours	2 per year	Level 1	2 per year	N/A	N/A	N/A	N/A	N/A
3rd-4th Poom/Dan	312 hours	2 per year	Level 2	3 Reg/1 Nat	N/A	N/A	N/A	N/A	N/A
4th-5th Dan	2x per wk	2 per year	Level 3	3 Reg/2 Nat	Required	Required	Level 3	Level 3	Level 3
5th-6th Dan	Class 1-2x wk	2 per year	level 3	3 Reg/3 Nat	Master	Required	Level 3	level 3	Level 3
6th-7th Dan	Class 1x wk	1 per year	Level 3	3 Reg/3 Nat	Sr. Master	Required	Level 2	Level 2	Level 2
7th-8th Dan	Class 1x wk	N/A	Level 3	3 National	Sr. Master	Required	Level 2	Level 2	Level 2
8th-9th Dan	Class 1x wk	N/A	N/A	N/A	Chief Master	Required	Level 1	Level 1	Level 1
Note: Hours are based on a black belt training in class two times per week.									
All School Owners & high ranks are expected to train with their instructor or a senior at least once a week in class.									
Additional Requirements apply to black belts 15 years of age and above.									
Note: It is goal for all high ranks to assimilate rank into Kukkiwon (requirements will only be enforced after opportunity has been provided ).									

Chart 3.

# UWTA Examiners Course

## Washington State UWTA-Region

Twenty two (22) Instructors and Trainee Instructors came together from across the State of Washington to attend and participate in the training course. The course was hosted by Senior Master Michael Rennick, Regional Director at the Washington UWTA Training Facility in Lynwood, WA. The group participated in the Examiners Course and training session taught by Chief Master Corrie. The Regional Chiefs of Instruction and Trainee programs then spent the afternoon working the group on curriculum delivery methods.

The UWTA conducts an Examiners Course where instructors are taught how to score students during both colored belt and black belt examinations. The UWTA conducts "Absolute Evaluation". An absolute evaluation is a scoring against very specific criteria referred to as segments and elements. A segment is an area such

as poomsae, sparring, one-steps or breaking. For scoring purposes each segment is further decomposed. Example, in sparring a student is scored on offense, defense and movement. Examiners are trained on what constitutes a passing score for each element of each segment. Total scores are created and a chart utilized to determine if enough overall points were scored to pass or fail said exam.

There is a strong tie between our Instruction programs and Examination process. Instructors are taught how to teach using the UWTA's "Structured Teaching System" as this system ensures students are trained to meet the examination requirements and thus this systematic approach drives the quality of the student ensuring their training is of the highest quality and the student can perform what the examiners are looking to rate.

## Strength Martial Arts Gup Awards Ceremony

Mr. Andrew Johnson celebrates with his students at their awards ceremony after a successful testing at his new facility in Indianapolis, Indiana. Mr. Johnson joined the UWTA in July of this year and has been working hard to implement the UWTA Curriculum and programs. Since joining, he has relocated his Dojang and is proudly flying the UWTA flag at his school. Congratulations to all the students and Mr. Johnson.



*Mr. Johnson & his students.*



# 2019 Calendar of Events

## **March 2, 2019**

UWTA Judges Certification–Sacramento  
Location: UWTA Headquarters  
"Training Facility"

## **March 8-9, 2019**

UWTA Spring National Championship  
& Black Belt Test

## **March 16, 2019**

Washington Regional Instructor Workout  
& Judges Certification Clinic

## **March 23, 2019**

UWTA Senior Black Belt Workout  
5th Dan and Up  
3:00–5:00 p.m. @ UWTA HQ  
"UWTA National Training Academy"

## **April 6, 2019**

Las Vegas Regional Judges Certification  
Course

## **April 13, 2019**

UWTA Business Course Location: UWTA HQ  
Washington Regional Tournament  
Location: Oak Harbor

## **April 27, 2019**

Las Vegas Regional Tournament  
& Black Belt Test

## **May 4, 2019**

Bay Area Regional Instructor Workout  
Sacramento Regional Jr Leader, Trainee  
& Instructor Workout @ UWTA HQ  
Blue Collars: 12:30–1:45  
Red Collars: 2:00–3:15  
Black Collars: 3:30–4:45  
Las Vegas Regional Instructor Workout

## **May 11, 2019**

Washington Regional Instructor Workout  
& Judges Certification Clinic

## **May 18, 2019**

Sacramento Regional Tournament  
& Black Belt Test

## **June 15, 2019**

Colorado Regional Black Belt Test  
GM Jack Pierce's Memorial Tournament

## **June 22, 2019**

UWTA Senior Black Belt Workout  
5th Dan and Up  
3:00–5:00 p.m. @ UWTA HQ  
"UWTA National Training Academy"

## **June 29, 2019**

UWTA Judges Certification - Sacramento  
Location: UWTA  
Washington Regional Black Belt Workout

## **July 6, 2019**

Bay Area Regional Black Belt Test

## **July 13, 2019**

Las Vegas Regional Judges Certification  
Course  
Las Vegas Regional Instructor Workout

## **July 19-21 2019**

UWTA Summer Camp

## **July 26-28, 2019**

Washington Region Trainee & Instructor  
Certification Course

## **August 3, 2019**

Kukkiwon Cup

## **August 10, 2019**

Sacramento Regional Jr Leader,  
Trainee & Instructor Workout @ UWTA HQ  
Blue Collars: 12:30–1:45  
Red Collars: 2:00–3:15  
Black Collars: 3:30–4:45

## **August 17, 2019**

Bay Area Regional Instructor Workout  
Washington Regional Instructor Workout  
& Judges Certification–Lynnwood

## **August 24, 2019**

Las Vegas Regional Tournament  
& Black Belt Test  
Washington Regional Tournament

## **September 7-8, 2019**

UWTA Instructor Certification Course

## **September 14, 2019**

UWTA Senior Black Belt Workout  
5th Dan and Up  
3:00–5:00 p.m. @ UWTA HQ  
"UWTA National Training Academy"

## **September 21, 2019**

Washington Regional Instructor Workout  
& Judges Certification Clinic

## **September 28, 2019**

UWTA Judges Certification–Sacramento  
Location: UWTA

## **October 4-5, 2019**

UWTA Grand National Championship  
& Black Belt Test

## **November 2, 2019**

Bay Area Regional Instructor Workout

## **November 9, 2019**

Las Vegas Regional Instructor Workout  
Washington Regional Instructor Workout  
& Judges Certification Clinic

## **November 16, 2019**

Sacramento Regional Jr Leader,  
Trainee & Instructor Workout @ UWTA HQ  
Blue Collars: 12:30–1:45  
Red Collars: 2:00–3:15  
Black Collars: 3:30–4:45

## **December 7, 2019**

Colorado Regional Black Belt Test  
Goodwill Games

## **December 14, 2019**

UWTA Judges Certification–Sacramento  
Location: UWTA  
UWTA Senior Black Belt Workout  
5th Dan and Up  
3:00–5:00 p.m. @ UWTA HQ  
"UWTA National Training Academy"

POOMSAE POINT SPARRING TEAM POOMSAE CREATIVE BREAKING WEAPONS POOMSAE BOARD BREAKING  
OLYMPIC SPARRING HIGH JUMP COMPETITION ONE STEP SPARRING (WHITE - YELLOW/GREEN BELTS ONLY)



**MARCH 8-9**

**William Jessup University**

**2121 University Ave, Rocklin CA, 95765**

**Friday: Black Belt Testing Check-in - 5:00 p.m.**

**Black Belt Test Starts at - 6:00 p.m.**

**1 Event \$85 | Each additional event \$20**

**General Admission: \$15 each event**

**\$30.00 All event wristband**

**Children 4 and under FREE**

**Saturday: Judges Meeting: 7:30 a.m.**

**Late Registration 8:00 a.m.**

**15 & Above Black Belts Poomsae & Sparring 8:00 a.m.**

**Line up and bow in 10:00 am**

**Black Belt Awards Ceremony Check in - 6:00 p.m.**

**Black Belt Awards Ceremony Starts at - 7:00 p.m.**

#### **HOTEL INFORMATION**

**Comfort Inn & Suites Rocklin - Roseville**

**Address: 4420 Rocklin Rd, Rocklin, CA 95677**

**Phone: (916) 624-4500**

**They offer a free continental breakfast**

**REGISTER AT [www.uwta.org](http://www.uwta.org)**

**Chest protectors are MANDATORY for all competitors. Sparring gear must be white and in good repair. (No Tape)**